Diet affects body color and energy metabolism in the Baikal endemic amphipod *Eulimnogammarus cyaneus* maintained in laboratory conditions

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Abstract

Proper diet is critical for laboratory-reared animals, as it may affect not only their welfare, but also experimental results. Amphipods (Crustacea: Amphipoda) play important roles in ecosystems and are often used in environmental research. Endemic amphipods from the ancient Lake Baikal are promising for laboratory bioassays; however, there are currently no laboratory cultures. In this work, we determine how different diets affect the color and metabolism of a laboratory-reared Baikal amphipod, *Eulimnogammarus cyaneus*. We found that in freshly collected blue-colored animals, body color correlated with total carotenoid content. Total carotenoid levels did not differ after long-term (two months) feeding with a close to natural carotenoid-enriched, or even a carotenoid-depleted diet. Nevertheless, antennae color was closer to red in the natural-like diet group. It is likely that the carotenoids from the commercial diet are not properly metabolized in *E. cyaneus*. The animals fed commercial diets had a higher glycogen content, which may signify a higher metabolic rate. Overall, we show that a carotenoid-enriched diet optimized for decapods is not optimal for amphipods, likely due to different carotenoid compositions, and the diet for long-term rearing of *E. cyaneus* and other Baikal amphipods requires supplementation.

Keywords: carotenoids, diet, laboratory rearing, Baikal, Amphipoda, Crustacea, Decapoda, culture, metabolites

Introduction

The order Amphipoda (Crustacea: Malacostraca) includes about 10,000 discovered species (Arfianti et al., 2018), and this number is likely higher once cryptic diversity within morphological species is taken into account (Wattier et al., 2020). Amphipods occupy extremely diverse ecological niches from deep aquatic environments to saltwater, brackish water and freshwater, lentic and lotic, and cave and semi-terrestrial habitats (Spicer et al., 1987; Villacorta et al., 2008; Fišer et al., 2017; Brix et al., 2018). They include benthic, pelagic, and benthopelagic species, as well as some semi-terrestrial and substrate (e.g., driftwood) specialists (Wildish et al., 2012; Xavier et al., 2020). Due to the wide distribution of amphipods and their important roles in ecosystems, amphipod-based bioindication, environmental monitoring, and biotoxocity assessment systems are actively under development (e.g., Hyne et al., 2005; Alonso et al., 2010; Podlesińska and Dąbrowska, 2019; Du et al., 2020). Due to their high biomass and wide distribution, amphipods play essential roles in many food webs and are considered aquaculture prey (Baeza-Rojano et al., 2009; Woods, 2009; Vargaz-Abundez, 2021). For some amphipod species (*Porphyra hawaiensis, Hyalella azteca*, and *Gammarus pulex*), permanent laboratory cultures are well established to facilitate ecotoxicology studies.
Lake Baikal, one of the deepest and oldest lakes on Earth, is a center of extreme amphipod diversity (Väinölä et al., 2008). Over 350 species and subspecies of amphipods are endemic to the lake (Takhteev, 2019) and are being actively investigated in multiple ecological and evolutionary studies (Macdonald et al., 2005; Bedulina et al., 2013; Naumenko et al., 2017; Bedulina et al., 2020). Laboratory cultures would afford significant advantages; however, permanent cultures of Baikal amphipods have yet to be established.

In laboratory cultivation, as well as in any maintenance of laboratory animals, diet is an extremely important parameter that affects metabolism and can therefore influence the results of the study. Indeed, peroxidase activity significantly increased in laboratory-reared *E. cyaneus* over time when fed commercial fish food *TetraMin* (Timofeyev et al., 2009). We investigated how over time when fed commercial fish food *E. cyaneus* and subspecies of amphipods are endemic to the lake (Takhteev, 2019) and are being actively investigated in multiple ecological and evolutionary studies (Macdonald et al., 2005; Bedulina et al., 2013; Naumenko et al., 2017; Bedulina et al., 2020). Laboratory cultures would afford significant advantages; however, permanent cultures of Baikal amphipods have yet to be established.

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The levels of metabolites, such as glucose and glycogen, are also diet-regulated. Different crustacean species exploit different strategies of glycogen usage when food is scarce. For example, after 180-day starvation, glycogen levels decreased nearly two-fold in cave amphipods, *Niphargus rhenorhodanensis* and *N. virei*, but after refeeding, animals actively replenished their glycogen stocks (Hervant et al., 1999). At the same time, the level of glycogen levels in *G. fossarum* decreased over four times after only a 28-day starvation, and the level of glucose also decreased (Hervant et al., 1999; Semsar-kazerooni et al., 2020). Baikal amphipods have also been shown to use glycogen stocks when under stress; for example, *Gmelinoïdes fasciatus* decreases glycogen levels in response to increases in temperature (Lubyaga et al., 2020). Thus, the quantity and quality of the diet will affect glycogen and glucose levels, which means not only that these metabolites can be used as a proxy to assess the metabolic condition, but also that their contents can influence the response to environmental factors.

Another important and unusual characteristic of Baikal amphipods is great variability in coloration, not only between species, but also within a species. The coloration of crustaceans depends mainly on carotenoid pigments. Crustaceans are not capable of synthesizing carotenoid pigments *de novo*, even though they can perform some biotransformation reactions. Thus, they rely on carotenoids from their diet (plant, fungi, algae, or bacteria; Maoka, 2020). The most common carotenoid in decapod crustaceans is astaxanthin, which may exist both in free form or bound to the crustacyanin protein (Maoka, 2011). Free carotenoids are red, orange, or yellow, whereas carotenoid-protein complexes can be orange or yellow as well as blue or violet (Chayen et al., 2003; Maoka, 2020).

Representatives of the genus *Gammarus* may change their body color due to infection with acanthocephalan parasites (Gaillard et al., 2004). The coloration of deep-water amphipod species *Eurythenes gryllus* and *Anonyx* sp. possibly depends on carotenoid composition, which is a consequence of their diets (Thoen et al., 2011). However, body color of cave amphipods from the genus *Niphargus* is determined by light intensity and not the carotenoid content of their diet (Beatty, 1949). Thus, body color is a result of the interplay of many mechanisms, including diet composition.

The direct influence of dietary carotenoids on coloration is best studied in decapod crabs and shrimp (Wade et al., 2017). For example, young lobsters (*Homo-rus americanus*) fed a low-astaxanthin diet became blue, while those fed a high-astaxanthin diet became red (Tlusty and Hyland, 2005). Similarly, cooked *Marsupenaeus japonicus* shrimp are typically light pink, but can be red if they were fed an astaxanthin-supplemented diet (Wang et al., 2018). However, there have been no similar studies for amphipods, even though the effect of carotenoid-rich and carotenoid-poor diets on fatty acid composition and on level of carotenoids in the hemolymph has been studied in a marine amphipod *G. locusta* (Alberts-Hubatsch et al., 2019) and in freshwater *G. fos sarum* (Babin et al., 2020), respectively.

*Eulimnogammarus cyaneus* can be found in a continuous range of colors from bright blue through bluish green to bright orange (Kamaltynov, 2001; Drozdova et al., 2020), suggesting that both genetic and environmental variables contribute to coloration. Investigation of the role of carotenoids and carotenoid-protein complexes in coloration of the common blue and rare orange morphs of *E. cyaneus* indicates that higher amounts of carotenoid-binding proteins, analogous to crustacyanins, generate the blue morph, despite similar total carotenoid content to the orange morph (Drozdova et al., 2020). However, the extent to which the color may change throughout the life of a particular individual and the role of dietary carotenoids in these color changes remains unclear.
In this work, we aimed to identify critical dietary factors for laboratory rearing of Baikal amphipods using the abundant littoral species *E. cyaneus*. In particular, we explored if and how different diets impact metabolism and the species’ characteristic blue color.

**Materials and methods**

**Study species**

*Eulimnogammarus cyaneus* (Dybowsky, 1874) is an abundant littoral species widely considered representative of Baikal littoral amphipods (e.g., Jakob et al., 2017; Bedulina et al., 2020). The majority of individuals (90%) are found at the shoreline (up to 1 m in depth) (Kamaltynov, 2001). Adult individuals can grow to 10–15 mm in length and breed in the summer. Their lifespan is 3–5 years, similar to most other littoral *Eulimnogammarus* species (Bedulina et al., 2014). Originally this species was considered detritivorous based on gut contents (Cyanobacteria, diatom and green algae, Chironomidae larvae, and detritus) (Morino et al., 2000); however, more recently, crustaceans, ciliates, and Oligochaeta chaetae were also found in the gut (Mekhanikova, 2015). While the body color was first characterized as greyish blue (Dybowsky, 1874), later the variability of body colors was described as a continuous palette from sky blue to completely orange, with the dominant morph being greenish-blue with orange antennae (Kamaltynov, 2001) (Fig. 1A).

**Sampling and experiments**

We monitored body color long-term during laboratory rearing; studied the factors that contribute to freshly collected animal body color; and quantified the effects of different diets on body color and metabolism. We collected adult males and non-gravid females, approximately 10–15 mm in length, using a hand net at 0–1 m. All animals were transported to the laboratory in insulated plastic boxes and acclimated at +6–8 °C. During acclimation, animals were fed twice weekly Baikal feed mixture (BFM), which consisted of Baikal littoral amphipods, algae, and macrophytes that were first frozen, then dried at low heat (up to 40 °C), and finally ground into a homogeneous powder (Jakob et al., 2017). The amphipods were then housed in continuously aerated 2-L plastic tanks with Baikal water and 2–3 sterile stones per tank. Water changes were performed biweekly.

Animals used for long-term body color monitoring were collected in June 2020 from the Listvyanka settlement (South Baikal; 51°52'14.07"N 104°49'41.78"E) (Fig. S1). The animals used to investigate the factors that contribute to body color were collected in August 2020 from the Bolshie Koty settlement (South Baikal; 51°54'11.67"N 105°47.61"E) (Fig. S1). The median weight of the animals sampled in Bolshie Koty was 22 mg (range 13–40 mg). These two locations are approximately 20 km apart, with

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Fig. 1. (A) Examples of different colors of *E. cyaneus* (from bright blue in the upper left to fully orange in the lower right). (B) Carotenoid content of different diets: Baikal feed mixture (BFM), dried *Gammarus* (DG), and TetraCrusta (TC).
no apparent physical barriers separating the _E. cyaneus_ populations, and the population data indicates this species is highly genetically homogeneous (Gurkov et al., 2019).

To explore the effect of food composition on body color and metabolism, animals were collected twice near Listvyanka, first in July 2019 and again in January 2020, to correlate with seasons of high and low food availability, respectively (Fietz et al., 2005; Belykh et al., 2006). The summer cohort was acclimated for 11 days and then divided into two groups (51 individuals per group); one group continued with BFM, while the second group was changed to a commercial diet high in carotenoids, Tetra Crusta (TC) (Germany). Both groups were fed _ad libitum_ (the amount of food per individual was not quantified) twice a week for a total of 61 days.

The winter cohort was acclimated for a week and then divided into three groups (39 individuals per group) and fed BFM, TC, or a ground dried commercial fish food, large Gammarus (DG) (Barnaul, Russia), respectively, twice a week for 52 days. In this case, the amount of food was calculated as 2.5 mg per individual per day, the maximum amount at which food leftovers were not observed.

For both cohorts, the same lot of food was used throughout the entire experiment, and water temperature was maintained at 6–10 °C. After approximately two months, all surviving animals were anesthetized with clove oil (1:105 dilution in water), photographed, and then flash-frozen in liquid nitrogen. The median weight of the animals was quantified at the end of the experiment and was equal to 27 mg (range 13–60 mg) in the summer cohort and 20 mg (range 9–45 mg) in the winter cohort.

### Taking photographs and determination of body color

All photographs were taken using an Olympus Tough TG-5 camera. Animals were photographed in front of a black background in summer, and a grey background in winter. The color index of pereon (approximately 6th segment) and antennae was calculated from color corrected photographs as the ratio of intensities in the red and blue channels extracted with GIMP v.2.8, as described earlier (Drozdova et al., 2020).

### Measurement of carotenoid content

Total carotenoids were extracted from animals by first homogenizing the tissues in acetone followed by petroleum ether for subsequent extraction. The total carotenoid content was then measured using a Cary 50 Conc UV/visible spectrophotometer (Varian) at 450 nm (Drozdova et al., 2020).

### Protein electrophoresis

Quantification of crustacyanin analogs was performed using one-dimensional sodium dodecyl sulfate-polyacrylamide gel electrophoresis (1D-SDS-PAGE) with animal hemolymph. The relative abundance of each band of interest was determined by densitometry of scanned gels stained with Coomassie G250 (Drozdova et al., 2020) and ImageJ/Fiji software (Schindelin et al., 2012; Schneider, 2012).

### Measurement of glucose and glycogen content

Glucose and glycogen content was determined according to the published method (Vereshchagina et al., 2016) with modifications as follows. Samples (pools of three animals) were ground into a powder, mixed with 0.6 M HClO4 / 150 mM sodium ethylenediaminetetraacetate (1.5 ml per 100 mg wet weight), and homogenized in a Potter-Elvehjem tissue grinder until no visible particles remained. Next, 12 μl of homogenate was used to measure glycogen content by mixing it with 75 μl of 1 % amylglucosidase (Sigma; 5250 U/μl) in a 0.2 M acetic acid buffer (acetic acid/sodium acetate; pH 4.8). The mix was incubated at 40 °C for two hours with shaking and then 62.5 μl of 0.6 M HClO4 and 400 μl of 1 M KHCO3 was added. The supernatant was centrifuged at 16060 RCF for 10 minutes. The remaining homogenate was centrifuged at 15570 RCF for 15 minutes and neutralized with 5 M K2CO3 until it reached a 7.5 pH. Next the neutralized homogenate was incubated at +4 °C for one hour. Then it was centrifuged at 15570 RCF for another 15 minutes.

Glucose and glycogen concentration were measured in a reaction mixture containing 300 mM TEA (triethanolamine), 91 mM ATP, and 6 mM NADP at 37 °C. For the measurement (one hour), a 200 μl sample and 0.7 μl of glucose-6-phosphate-dehydrogenase (30,681 U/μl, Roche) that was diluted in 5.6 μl of 3.2 M (NH4)2SO4 and 1 μl of hexokinase (150 U/μl; Roche) was diluted in 5 μl of 3.2 M (NH4)2SO4. Light absorption was measured at 340 nm with a Cary 50 Conc UV/visible spectrophotometer (Varian).

### Data analysis

Data analysis was performed in the R programming environment (R Core Team, 2019) v3.6.1. The plots were visualized with the ggplot2 package (Wickham, 2016) v3.2.1 for R. Groups of samples were compared using a Mann — Whitney rank-sum test and Holm correction for multiple comparisons if necessary. The code used for data analysis is available from GitHub (https://git.io/JLhTo).

### Results

**Color changes may occur throughout life**

According to our previous experience (Drozdova et al., 2020), we chose the pereon and antennae (Fig. 2A) as body parts that most accurately described the color of an individual. We chose 16 freshly collected animals of
different colors (from blue to orange), determined the color indices of their pereon and antennae, and fed them BFM (2.5 mg per individual per day) for approximately 18 weeks; nine animals survived until the end of the observation. We found that color indices of both pereon and antennae gradually shifted towards blue over the 18 week period (Fig. 2B, C).

In blue animals, the color index correlates with carotenoid content but not protein content

To get an idea if carotenoids may be connected to color in *E. cyaneus*, we explored the natural variation of the typical blue color morph. We chose 18 animals characterized by slightly different body colors, as well as 6 orange animals, from the same sample and photographed them to obtain a quantitative estimate of their body color (Fig. S2), then extracted their hemolymph. The hemolymph was used to assess the level of 15-kDa and 25-kDa crustacyanin analogs (Fig. 3B, C), while the remaining tissues were used to assess carotenoid content (Fig. 3A) (Drozdova. et al., 2020).

We found a subtle but statistically significant (p = 0.044) positive linear relationship between the color index and the total carotenoid content, but not crustacyanin analogs. Given this relationship, and the fact that *E. cyaneus* obtains carotenoids from food, we decided to experimentally manipulate dietary carotenoid levels to see if it would affect animal body color.

Diet affects color index of antennae but not carotenoid content

To explore the effect of food composition on the color and metabolism of *E. cyaneus*, we varied the diet of adult animals in both summer and winter, seasons of high and low food availability, respectively (Fietz et al., 2005; Belykh et al., 2006). The baseline diet, BFM, consisted of material from Lake Baikal littoral zone and the presumed natural diet of littoral amphipods. Treatment groups were fed a carotenoid-enriched commercial diet for shrimp and crabs (TC) or commercially available dried *Gammarus* sp. (DG). The carotenoid content in BFM widely varied depending on the particular batch, with a median value...
of 62 ppm. The carotenoid content of TC was about five times higher (median = 317 ppm), while the amount of carotenoids in DG was only 11 ppm (Fig. 1B).

Survival was relatively low and seemed to differ between diets in the summer (84.3% for BFM vs. 58.8% for TC), while it was much higher and more consistent across diets in winter (92%, 97%, and 90% for BFM, DG, and TC, respectively) (Fig. S3). Since this was only observed during summer, it is unlikely a result of the diets and is more likely explained by an unaccounted difference in the rearing conditions. According to our data, the wet weight of the animals was not significantly different (Fig. S4), nor did we notice any clear difference in feeding behavior when fed BFM versus TC or DG.

After the experiment, we photographed all animals individually to quantify body color. We found that in both seasons, antennae color in the group fed BFM was redder than in the animals fed carotenoid-depleted DG and, surprisingly, also carotenoid-rich TC (Fig. 4C, D). Unexpectedly, in both seasons, all groups had approximately the same total carotenoid content. However, the median carotenoid content in animals collected in the summer was approximately 10 ppm higher than those collected in winter (Fig. 5A, B).

### Diet affects energy metabolites

To understand how the different diets impacted amphipod metabolism, we also measured glucose and glycogen content. The level of glycogen showed profound diet-related differences (Fig. 5C, D). Animals fed BFM had the lowest glycogen content (median values of 1.5 and 3.0 μmol/g wet weight in summer and winter, respectively), followed by DG (3.79 μmol/g), and finally TC, with the highest amount of glycogen (5.6 and 6.3 μmol/g). Glucose level was not significantly different between TC and BFM (between 0.8 and 1.1 μmol/g wet weight in summer and winter), but it was lower in the DG group (0.45 μmol/g) (Fig. 5E, F).

### Discussion

Amphipods, including endemic amphipods of Lake Baikal, are widely used in environmental monitoring and biotoxicity assessments (e.g., Podlesińska and Dąbrowska, 2019; Du et al., 2020). However, there is no standard protocol for laboratory rearing of Baikal amphipods. In this work, we aimed to identify some of the key dietary factors for laboratory rearing of Baikal am-
Philo pods using an abundant littoral species, *E. cyaneus*. In particular, we looked at the factors contributing to coloration and estimated the dietary influence on carbohydrate reserves.

According to our results, *E. cyaneus* of different color morphs can change their color over time, adopting a brighter blue color in laboratory conditions (Fig. 2B, C). Indeed, shades of blue were correlated to the total carotenoid content but not the content of the crustacyanin analog proteins (Fig. 3). This is in contrast to high levels of crustacyanin analog proteins in bright blue animals and low carotenoid levels in bright orange individuals (Drozdova et al., 2020). Carotenoid levels, as expected, were consistent across bright blue and orange animals (Fig. S2), suggesting that body color in *E. cyaneus* is a result of the interplay between carotenoid and crustacyanin analog protein levels, and carotenoids are the main factor for defining the shade of blue in this species.

As carotenoids come from food, color should depend on diet composition. To confirm this hypothesis, we fed amphipods diets containing different amounts of carotenoids (Fig. 1B). We found that over the approximately two-month period, diet did not significantly change total carotenoid content, but a BFM diet resulted in brighter red antennae than TC and DG diets (Fig. 4C, D). Antennae color may correlate to factors other than total carotenoid content, or the mechanism of color formation in antennae may be different from the rest of the body, since they are usually a different color than the main body color. Finally, we cannot rule out the possibility that the experimental duration, while sufficient to reveal the difference in antennae color, was insufficient to reveal a difference in body color.

Our data indicate that none of the three tested diets can fully sustain the characteristic color of amphipods. The carotenoid composition of BFM collected from their natural habitat should be the closest to the natural diet and be easily metabolized. However, neither BFM, TC, nor DG could fully preserve the color of *E. cyaneus* over long-term laboratory rearing. DG was...
unable to maintain color, probably just due to the lack of carotenoids, and since TC is intended to feed decapods (shrimps and crabs), and the mechanism for color formation in amphipods is less understood, the diet composition, even though high in carotenoids, may have still been inadequate. Indeed, the proportion of astaxanthin and its derivatives in total carotenoids in Baikal gammarids is only between 13.31 and 51.27% (Czeczuga, 1975; Czeczuga, 1980; Dembitsky and Rezanka, 1996; Gaillard et al., 2004), and in decapods astaxanthin is dominant (67–95%) (Tanaka et al., 1976; Jussila, 1997; Coral-Hinoestroza and Bjerkeng, 2002; Su et al., 2018; Weaver, 2020). Along with our data (Fig. 5A, B), it is likely that carotenoids in decapod-oriented TC are not properly metabolized in amphipods due to the difference in prevailing carotenoids between decapods and amphipods.

We show that the type of diet influences the level of glycogen in *E. cyaneus*. Diet variation results in different levels of accumulated glycogen. Interestingly, glucose level did not correlate with glycogen level and was similar for both BFM and TC. The similar weights of animals from different diets and similar mortality levels in winter (Fig. S3 and S4) corroborate previous studies (Axenov-Gribanov et al., 2019) and also confirm that all studied diets are acceptable for this species. Overall, while additional research is required to determine the optimal

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**Fig. 5.** Comparative analysis of carotenoid (A-B), glycogen (C-D), and glucose (E-F) content in different feeding groups. (A), (C), and (E) show the results of the first feeding experiment (summer cohort), while (B), (D), and (F) show the results of the second experiment (winter cohort). * p < 0.05; ** p < 0.01. For each group, 6–11 pools with 2–4 animals per pool were analyzed.
diet composition for long-term rearing of *E. cyaneus*, additional supplementation is required if a BFM-based diet is used. However, our data (Fig. 5C, D) suggest that both TC- and DG-based diets support viability and even promote glycogen accumulation in the animals.

Taken together with previous studies (Timofeyev et al., 2009; Axenov-Gribanov et al., 2019), our data confirm that long-term laboratory rearing affects color formation, metabolism, the stress response, and other factors in amphipods. It remains unclear if the recorded changes in antioxidant enzyme activities (Timofeyev et al., 2009; Axenov-Gribanov et al., 2019) and color changes (this work) bear negative consequences for the overall state of the cultured animals. However, these data do highlight the importance of adjusting, documenting, and standardizing rearing procedures for each group of species to be laboratory reared.

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